

## **BREAKFAST**

CONTINENTAL

14.00

CORNERSTONE BREAKFAST

17.00

CHOOSE (1):

Greek Yogurt Parfait
Mixed Berries, Honey, and Granola

Coconut Yogurt Parfait

Diced Mango, Maple, Sweet and Salty Coconut and Sunflower Seed Crumble

Individual Whole Fruit

**INCLUDES:** 

Sweet or Savoury Scones
Both With Butter And Preserves

Assorted Mini Pastries
Both With Butter And Preserves

Fairtrade coffee & teas

CHOOSE (1):

**Crispy Bacon** 

Breakfast Turkey Sausage

CHOOSE (1):

Cinnamon French Toast

Buttermilk Pancakes
Both with Syrup and Butter

**INCLUDES:** 

Roasted Mushrooms and Charred Cherry Tomatoes

Simple Scrambled Eggs

Herbed Homefries
Rosemary and Thyme

Fairtrade coffee & teas







# THINGS TO CONSIDER

Disposable fees may apply
Linen charges may apply
Chicken and beef are Halal
Minimum order 10 people
Spacing restrictions may apply
Gluten & Dairy Free options availible
Kosher meals available upon request

# TABLECLOTHS, CHINA, CUTLERY & GLASSWARE\*

Linen white 90" × 90"	10.00
Linen black 90" × 90"	12.00
China	1.00
Glassware	1.00
Cutlery	1.00

All prices in the menu do not include tax and service fee.



BREAKFAST À LA CARTE	RICE PER PERSON
Greek Yogurt Parfait	5.00
Coconut Yogurt Parfait	5.00
Mixed Fruit Salad Platter	5.00
Individual Whole Fruit (Seasonally Availab	ole) 2.00
Muffins (Assorted Flavours)	2.00
Sweet or Savoury Scones	4.00
Assorted Mini Pastries	3.00
Assorted Cookies	2.00
Vegan or Gluten Free Cookies (Sweets from the Earth)	Please Inquire
Individual Yogurt	2.25
Assorted Cakes Squares	3.50

### BREAKFAST À LA CARTE BEVERAGES

Assorted Fruit Juices (Apple, Orange, Cranberry)	2.50
Fairtrade Coffee	3.00
Assorted Teas	3.00
Premium Freshly Pressed Juices	4.00
Hot Cocoa	3.00
Assorted Canned Sodas	2.00



<sup>\*</sup>Please note charges may be higher depending on circumstances. For most on-site catering orders the chine, glassware, and cutlery charges will be waved. Please ask about environmentally friendly take out options.

# COFFEE BREAK BUNDLES

Priced per person, water service included

#### **COOKIE BUNDLE**

5.00

Assorted Cookies (2/person)

Fairtrade coffee & tea

#### MINI PASTRIES BUNDLE

5.50

Assorted Mini Pastries (2 per person)

Fairtrade coffee & tea

#### CAKES SQUARES BUNDLE

5.50

Assorted Cake Square (2 per person)

Fairtrade coffee & tea



Assorted Mini Pastries

## **RECEPTION & EVENTS**

Priced per person, Water service included

#### HORS D'OEVRES & CANAPES

Nori Wrapped Rice With Mushroom Duxelle, Sesame Oil,

And Green Onions

Minimum Order: 2 Dozen

COLD (Gluten Free Available)	PRICE PER PERSON
Smoked Salmon Crostini Smoked Salmon, Caper & Green Onion Cream Chec	3.50 ese, Dill
Shaved Ham and Gouda Crostini Local Ontario Gouda, and Apricot Jam	3.00
Cherry Tomato and Bocconcini S Cherry Tomatoes, Bocconcini Cheese, Basil And Balsamic Glaze	kewers 3.00
Shrimp Cocktail Skewers Lightly Poached Shrimp Served With Smokey Garlicky Romesco Sauce	3.50
Mushroom Kimbap	3.50



# RECEPTION & EVENTS

Priced per person, Water service included

HOT	PRICE PER PERSON
Grilled Cheese Grilled Cheese on Brioche & Cornerstone Ketchup	3.50
Chicken Satay With Peanut Sauce	3.50
Arancini Rice Balls Stuffed With Mozzarella Cheese And Served With Rosé Sauce And Balsamic Reduction.	3.50
Vegetarian Springrolls Vegeterian Springrolls With Sweet Chili Sauce	3.00

Samosa



PLATTERS Minimum Order: 2 Dozen	PRICE PER PERSON
Vegetables & Dip Garden vegetables with hummus and ranch	2.75
Small 10-15 people Medium 15-25 people Large 25-35 people	
Fruit Platter	3.50
Selection of seasonal sliced fruit.	
Small 10-15 people Medium 15-25 people Large 25-35 people	
Cheese Board	6.00
Variety of local & hard cheeses, nuts and dried fruit	
Small 10-15 people Medium 15-25 people Large 25-35 people	
Cured Meat Board	5.00
A variety of cured meats served with pickles and breads.	

Small 10-15 people Medium 15-25 people Large 25-35 people

3.00



### Grilled & Marinated Vegetables

3.00

Small 10-15 people Medium 15-25 people Large 25-35 people

#### Crackers, Breads, & Dip

2.00

Crackers and bread with your choice of dip Minimum order 24 people per dip

Small 10-15 people Medium 15-25 people Large 25-35 people

#### **DIPS**

#### Hummus

Classic hummus with garlic, chickpeas, lemon juice, and olive oil

#### Edamame & Kale

Edamame and kale with garlic and lemon juice

#### White Bean

White beans with fresh herbs and olive oil

#### Roasted Red Pepper

Roasted red peppers with sunflower seeds and olive oil

#### Roasted Eggplant

Roasted eggplants with cumin and olive oil

### **BOXED LUNCHES**

Choose an item and create your own custom packed boxed lunch.

Includes your choice of: Sandwich, salad, snack, and drink.

Each boxed lunch is individually packed.

Minimum order is 10 for each item.

#### PRICE PER PERSON

22.00

#### **CHOOSE A SANDWICH:**

#### Roast Beef

Aioli, Provolone Cheese, Pickles, Mixed Greens, And Grilled Onions.

#### **Smoked Salmon**

With Herbed Cream Cheese, Dill, Capers, Sliced Red Onion, Thinly Sliced Cucumbers And Mixed Greens.

#### Pesto Chicken

Roasted Peppers & Onions, Smoked Mozzarella & Sundried Tomato Spread, And Mixed Greens.

# Roasted Zucchini and Mushroom Sandwich (Vegan)

Roasted Zucchini With Mushroom And Garlic, Vegan Lemon Chickpea Aioli & Mint Chimichurri, And Mixed Greens.

#### Chicken Salad Wrap

Roasted Chicken, Green Apples, Onions, Dried Cranberries, Mixed Greens, And Parsley.

#### Egg Salad Wrap

Aioli. Roasted Garlic Aioli, Parsley, Red Onion, And Mixed Greens

#### Grilled Vegetable Wrap (Vegan)

Grilled And Marinated Vegetables With Balsamic Vinaigrette, Hummus, And Mixed Greens

#### Smoked Turkey

Smoked Turkey, Honey Mustard, Mixed Greens, Sliced Tomatoes, Aioli





#### Roast Beef Sandwich

#### **CHOOSE A SALAD:**

#### Garden Vegetable

Mixed Greens, Cherry Tomatoes, Rainbow Carrot Ribbons, Cucumber With Apple Cider Vinaigrette

#### Caesar

Romaine Lettuce, Parmesan, Crispy Citrus Chick Peas, Caesar Salad Dressing

#### Quinoa

Marinated Chick Peas, Red Onion, Peppers, Parsley, Cucumber, Mint, Diced Tomatoes, Dried Cranberries, Sumac Vinaigrette

#### **CHOOSE A SNACK:**

Cookies

Individual Yogurt

#### **CHOOSE A DRINK:**

Assorted Canned Sodas or Fruit Juices

# LUNCH À LA CARTE

A selection of sandwiches and wraps cut in half

#### SANDWICH PLATTER

11.00

A selection of sandwiches and wraps cut in half

#### Roast Beef

Aioli, Provolone Cheese, Pickles, Mixed Greens, And Grilled Onions.

#### Chicken Salad Wrap

Roasted Chicken, Green Apples, Dried Cranberries, Mixed Greens, And Parsley.

#### Egg Salad Wrap

Aioli, Parsley, Red Onion, And Mixed Greens

#### Grilled Vegetable Wrap (Vegan)

Grilled And Marinated Vegetables With Balsamic Vinaigrette, Hummus, And Mixed Greens

#### Tuna Salad

Aioli, Red And Green Onions, Celery, Salt And Pepper



## SALADS

A choice of salads: \$3.75 a person, minimum 12 orders

# SEASONALLY INSPIRED VEGAN SOUPS

#### Carrot & Ginger

Corriander And Cumin Scented Pureed Carrot Soup With Ginger And Coconut Milk

#### Potato & Leek

Pureed Potato And Leeks Scented With Rosemary And Thyme

#### Spiced Butternut Squash Soup

Roasted Butternut Squash With Autumn Spices, Sage And Rosemary

#### **Curried Lentil**

Lightly Spiced With Tomatoes, Shallots, Ginger And Garlic

#### Three Sisters Soup

Beans, Squash, And Corn In A Vibrant Vegetable Broth

#### Garden Vegetable

Mixed Greens, Cherry Tomatoes, Heirloom Carrot Ribbons, Cucumber With Apple Cider Vinaigrette

#### Caesar

5.00

Romaine Lettuce, Parmesan, Crispy Citrus Chick Peas, Caesar Salad Dressing

#### Coleslaw (Creamy or Vinaigrette)

Coleslaw With Cabbage, Carrots, Red And Green Onions, Parsley

#### Potato Salad

Aoili, Red And Green Onion, Parsley, Smoked Paprika





Garden Pasta Salad

Brocolli, Cherry Tomatoes, Black Olives, Red Onion, Peppers, Edamame, Parsley

Quinoa

Marinated Chick Peas, Red Onion, Peppers, Parsley, Cucumber, Mint, Diced Tomatoes, Dried Cranberries, Sumac Vinaigrette

Grilled & Roasted Root Vegetables

Balsamic Vinaigrette, Kale , Red Onions, Carrots, Yams, Beets, Peppers, Radishes, Sunflower Seeds

Kachumber Salad

Cucumber, Tomato, Onion, Radish, Cilantro, Mint, Salt & Pepper Lemon Vinaigrette, Tossed With Cumin And Chili Powder BBQ 19.00

#### **CHOOSE A PROTEIN:**

Halal Beef Hot Dog or Halal Beef Hamburger (Vegan Options Available)

Lettuce, Sliced Tomato, Sliced Cheese, Pickles, Ketchup, Mustard, Relish, Mayo, Martin's Potato Bun And Fournee Doree Brioche Buns

**CHOOSE 2 SALADS:** 

Garden Vegetable

Caesar

Coleslaw

Potato Salad

Garden Pasta Salad

Quinoa

**Grilled & Roasted Root Vegetables** 

Kachumber Salad

**CHOOSE A SIDE:** 

Charred & Grilled Corn on the Cob

Grilled Vegetable Skewers

Zucchinni, Eggplant, Cherry Tomatoes, Mushrooms With An Herb And Balsamic Marinade

**Baked Potato** 

Sour Cream & Chives

**CHOOSE A DESSERT:** 

Cookies

Mini Cakes



CHICKEN BBQ

22.00

#### CHOOSE A PROTEIN:

# Citrus Marinated Grilled Chicken Breast with Chimichurri

Lettuce, Sliced Tomato, Sliced Cheese, Pickles, Ketchup, Mustard, Relish, Mayo, Martin's Potato Bun And Fournee Doree Brioche Buns

14.00

#### **CHOOSE 2 SALADS:**

Garden Vegetable

Caesar

Coleslaw

Potato Salad

Garden Pasta Salad

Quinoa

Grilled & Roasted Root Vegetables

Kachumber Salad

#### **CHOOSE A SIDE:**

Charred & Grilled Corn on the Cob

Grilled Vegetable Skewers

Zucchinni, Eggplant, Cherry Tomatoes, Mushrooms With An Herb And Balsamic Marinade

**Baked Potato** 

Sour Cream & Chives

#### **CHOOSE A DESSERT:**

Cookies

Mini Cakes

#### TACOS

23.00

#### **CHOOSE A PROTEIN:**

#### Seasoned Ground Beef

Cumin And Corriander Scented Seasoned Ground Beef

#### **BBQ Chopped Chicken**

Marinated & Grilled In Mild Spices

#### Seasoned Tofu (Vegan)

Cumin And Corriander Scented Tofu

#### SIDES INCLUDED:

#### Arroz Rojo (Red Rice)

Tomato Rice With Onion, Cilantro, Onion, And Vegetable Broth

#### Black Bean and Corn Salsa

Peppers, Red Onion, Cilantro, Tomatoes, Cucumber, And Jalapeno

#### Coleslaw (Creamy or Vinaigrette)

Coleslaw With Cabbage, Carrots, Red And Green Onions, Parsley

#### Refried beans

Salsa

Sour Cream

Guacamole

Corn Tortillas (2 person)

**Shredded Cheese** 

#### **CHOOSE A DESSERT:**

Cookies

Mini Cakes



#### BUTTER CHICKEN DINNER

23.00

CHOOSE A PROTEIN:

**Butter Chicken** 

Marinated Chicken In A Spiced Creamy Tomato And Cream Sauce

Paneer Butter Masala (Vegetarian)

SIDES INCLUDED:

Basmati Rice

Scented With Cinnamon, Star Anise And Bay Leaf

Squash and Cabbage Sabzi

Dry Roasted Squash And Cabbage With Fragrant Aromatics And Spices

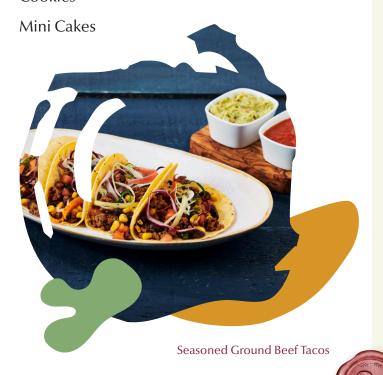
Kachumber Salad

Cucumber, Tomato, Onion, Radish, Cilantro, Mint, Salt & Pepper Lemon Vinaigrette, Tossed With Cumin And Chili Powder

Grilled Naan Flatbread

CHOOSE A DESSERT:

Cookies



#### CUSTOMIZE YOUR DINNER 24.00 - 26.00

CHOOSE A SALAD:

Garden Vegetable

Caesar

Coleslaw

Potato Salad

Garden Pasta Salad

Quinoa

Grilled & Roasted Root Vegetables

**CHOOSE A MAIN:** 

Baked Salmon with Fresh Herbs 28.00 and Citrus Vinaigrette

Slow Roasted Beef with drippings 28.00 and Horseradish Crema

Piri-Piri Roasted Chicken 26.00 (Medium Spiced)

Vegetarian Mains Available

#### **PASTA BUFFETS**

21.00

#### CHOOSE A PASTA: COMES WITH GARLIC BREAD

Baked Bowtie Chicken Alfredo Classic Creamy Alfredo with Crispy Panko Garlic Bread Crumb

Baked Penne with Hearty Ragout (Vegan) Chunky Tomato Sauce with Eggplant, Zuchini, Roasted Onions and Garlic, Peppers, and Topped with Basil and Olive Oil

Baked Penne with Beef Bolognaise Slow Cooked Tomato Sauce with Beef and Aromatics, Baked with Crispy Panko Garlic Bread Crumbs

### CHOOSE TWO SIDES: (DINNER ROLLS/BREAD INCLUDED WITH BUTTER)

Grilled Seasonal Vegetable Medley

Mashed Potatoes and Gravy

Lightly Spiced Vegan Pilau Rice

Roasted Potatoes with Rosemary, Sage, & Thyme

Baked Penne Pasta with Tomato Sauce, Charred Cherry Tomatoes, Fresh Basil and Olive Oil

Creamed and Buttered Bowtie Pasta with Roasted Garlic and Crispy Crumb Topping

#### **CHOOSE A DESSERT:**

Cookies

Mini Cakes

#### **CHOOSE A SALAD:**

Garden Vegetable

Caesar

Coleslaw

Potato Salad

Garden Pasta Salad

Quinoa

Grilled & Roasted Root Vegetables



#### CHOOSE A DESSERT:

Cookies

Mini Cakes

**Baked Salmon** 



# **DESSERTS**

#### PRICE PER PERSON

Cookies	2.00
Mini Cakes	3.50
Fruit Platter	3.50
Mini Pastries	3.00



# BEVERAGES & ALCOHOL

#### PRICE PER PERSON

Assorted Fruit Juices (Apple, Orange, Cranberry)	2.50
Fairtrade Coffee	3.00
Assorted Teas	3.00
Premium Fresly Pressed Juices	4.00
Hot Cocoa	3.00
Assorted Canned Sodas	2.00

# ADDITIONAL SERVICES

#### Sheet Cake Please Inquire

For special occasions and celebratory groups, inscription provided at no extra cost.

Order required 5 business days prior to event.

#### Custom Dessert Table Please Inquire

Let us create a custom table of sweets careful catered for your group

